



I am writing this book because I want to share my life experience with other men in hopes that it will make life much easier. This will prove to be an excellent learning experience for women, families, and friends. I firmly believe that the more people that know and understand about the

cause, effects, treatment, and support system the better it will be for everyone. People will know what to expect and how to be supportive.

If you are like me, I have never paid attention to any medical details, and certainly not to anything related to cancer. My mother and aunt had cancer. Both fought a battle to the end. So, I can only think about them and the worst that can happen to me.

My frame of mind and thinking is based on past experience in relationship to cancer. However, there challenges may not be the same as mine. The medical field has changed to meet the demand of dealing with cancer better through early detection means.



Definition

Prostate cancer is cancer of the small walnut-shaped gland in males that produces seminal fluid, the fluid that nourishes and transports sperm. Prostate cancer is one of the most common types of cancer in men, affecting about one in six men in the United States. A

diagnosis of prostate cancer can be scary not only because it can be life-threatening, but also because treatments can cause side effects such as bladder control problems and erectile dysfunction (impotence). But diagnosis and treatment of prostate cancer have gotten much better in recent years.

Prostate cancer usually grows slowly and initially remains confined to the prostate gland, where it may not cause serious harm. While some types of prostate cancer grow slowly and may need minimal or no treatment, other types are aggressive and can spread quickly. If prostate cancer is detected early — when it's still confined to the prostate gland — you have a better chance of successful treatment.

Prostate Cancer "My Personal Journey"

Michael J. Jackson



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